

Interest in Joining the Volleyball Learning for the Fifth Grade Students of SD Negeri Pakem, Kalasan District

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ABSTRACT: The objective of this research is to find out how high the interest in joining into the volleyball learning for fifth grade students at SD Negeri Pakem (Pakem Elementary School), Kalasan District.

This research was a descriptive study. The research method was a survey with the data collection techniques used a questionnaire. The research population was 24 fifth grade students of SD Negeri Pakem, Kalasan District, were used as samples. The data analysis techniques used the descriptive analysis elaborated in the form of percentages.

The results show that interest in joining the volleyball learning for the fifth grade students of SD Negeri Pakem Kalasan District is as follows: in the "very low" level at 8.2% (2 students), in the "low" level at 20.9% (5 students), in the "medium" level at 33.3% (8 students), in the "high" level at 33.3% (8 students), and in the "very high" level at 4.2% (1 student).

KEYWORDS: Interest, Volleyball Learning, Elementary School

I. INTRODUCTION

Elementary school is the basic level for students in formal education. In elementary school, students will begin a new life in improving their knowledge and leaving their early childhood behind. Education in elementary school plays a role in building the foundation of knowledge for students to use in their further education; therefore, the implementation of learning in elementary school must be optimal. The purpose of school for students is to ensure their growth and development and to improve their learning abilities and willingness to learn (Nursetya & Kriswanto, 2014).

Education is a conscious and planned process to teach students and society in order to shape the character and civilization of dignified human beings (Fakhrurozi et al., 2024). Education is an effort undertaken by the government through guidance and training activities that take place in schools or outside of schools, to prepare students to play their roles appropriately in various environments in the future. Education serves to develop abilities and shape character in order to enlighten the life of the nation. The purpose of education is to develop the potential of students to become people who are faithful and devout, have noble character, are knowledgeable, creative, and can become democratic and responsible citizens.

Physical education is a physical activity organized to serve as a medium for educational activities (Bangun, 2016). Physical education requires students to become accustomed to physical activities or exercise in their daily lives. Becoming accustomed to physical activities or exercise will improve students' physical fitness. Good physical fitness is expected to have a positive influence on students to improve their academic performance. Through physical education, students can develop themselves in doing positive things, cooperate with their environment, enjoy sports activities, and develop healthy living habits.

Volleyball lessons conducted at school are one of the educational tools alongside other types of learning. The objective of volleyball lessons is to help students who cannot play volleyball to learn how to play. These lessons can transform fear of the ball into confidence, thereby fostering self-confidence. Volleyball is one of the physical activities that can improve students' physical fitness. Programmed physical activities can improve academic performance and brain function, such as attention and memory (Pambudi et al., 2021).

One factor that can influence the volleyball learning process is interest. Interest is essentially the acceptance of a relationship between oneself and something outside of oneself; the closer the relationship, the greater the interest that will emerge. Interest can be expressed through statements indicating that students prefer one thing over another, or can be observed through participation in an activity. Interest significantly influences students' ability and success in developing their potential in the classroom, so it cannot be denied that interest can affect students' learning outcomes (Besare, 2020).

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Interest within an individual can grow or even disappear. One way to cultivate interest in learning is by attempting to connect lesson materials with real-life situations. Explaining and understanding the benefits of learning a particular subject can also encourage interest. Therefore, when related to the learning process, interest becomes a factor that influences students' learning. Students who share a particular interest in their academic field will significantly impact the implementation and outcomes of specific learning activities. This is where the importance of interest lies, as good interest is essential in the learning process to help students achieve the desired learning outcomes.

Based on observations conducted at SD Negeri Pakem Kapanewon Kalasan, it was found that the volleyball learning process for fifth-grade students has not been proceeding as expected. This is evidenced by Some fifth-grade students did not pay attention to the teacher who was explaining the volleyball lesson material, so that the material explained by the teacher did not fully reach the students. The fifth-grade students seemed to lack confidence in asking questions about the parts of the material they did not understand, so that when the students performed the movements in the volleyball lesson, they were still confused.

The results of interviews conducted with physical education, sports, and health teachers revealed that during fifth-grade volleyball lessons, students were overwhelmed by fear when performing practical exercises. This fear arises because the students are afraid that the ball will hit an unexpected part of their body, causing pain and injury, as the volleyball lessons are conducted on the school grounds, which have a hard and rough concrete and conblock floor, making the students feel afraid when participating in volleyball lessons.

Based on the above description, to determine the level of interest in participating in volleyball lessons, the author is interested in writing a paper titled "Interest in Participating in Volleyball Lessons Among Fifth-Grade Students at Pakem Kapanewon Kalasan State Elementary School."

II. METHOD

Type of Research

This research is quantitative descriptive research. Sugiyono (2016) states that descriptive research is used to describe or illustrate the collected data as it is.

Time and Place of Research

This research was conducted in May 2023 at SD Negeri Pakem Kapanewon Kalasan.

Research Subjects

The subjects in this research were 24 fifth-grade students at SD Negeri Pakem Kapanewon Kalasan.

Instruments and Data Collection Techniques

The instrument used in this study was a questionnaire. Arikunto (2013) states that a closed questionnaire is a questionnaire presented in such a way that respondents only need to check the appropriate column or box, with the questionnaire directly using a graded scale. The scale used is a modified Likert scale with four response options: Strongly Agree (SS), Agree (S), Disagree (TS), and Strongly Disagree (STS).

The data collection technique for this study involved administering a test to the students who were the subjects of the study. The mechanism was as follows:

1. The researcher sought data on fifth-grade students at Pakem Kapanewon Kalasan State Elementary School.
2. The researcher determined the number of fifth-grade students at Pakem Kapanewon Kalasan State Elementary School who were the subjects of the study.
3. The researcher distributed the instruments to the students.
4. The researcher collected the questionnaires and transcribed the results.
5. After obtaining the research data, the researcher drew conclusions.

Data Analysis Technique

This study uses quantitative descriptive data analysis techniques. Categorization uses Mean and Standard Deviation. Azwar (2016) to determine the score criteria using the Normative Reference Assessment (PAN) in the following table:

Table 1. Normative Reference Assessment Table

No.	Interval	Category
1	$X \geq M + 1,5 \text{ SD}$	Very High
2	$M + 0,5 \text{ SD} \leq X < M + 1,5 \text{ SD}$	High

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3	$M - 0,5 SD \leq X < M + 0,5 SD$	Medium
4	$M - 1,5 SD \leq X < M - 0,5 SD$	Low
5	$X \leq M - 1,5 SD$	Very Low

Explanation:

M: Average value (Mean)

X: Score

SD: Standard Deviation

(Source: Azwar, 2016)

III. RESEARCH RESULT

This study aims to determine the interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan Public Elementary School, as revealed by a questionnaire consisting of 33 questions and 24 respondents. The questions in the questionnaire were divided into three indicators, namely interest, attention, and activity. The research data was analyzed by categorizing each score obtained into five categories: Very High, High, Moderate, Low, and Very Low.

The table of results regarding interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan State Elementary School can be categorized as follows:

Table 2. Statistical Categorization of Interest in Participating in Volleyball Lessons Among Fifth-Grade Students at Pakem Kapanewon Kalasan State Elementary School

No	Interval	Frequency	Persentase	Category
1	$X \geq 123,6$	1	4,2%	Very High
2	107,84 - 123,6	8	33,3%	High
3	92,08 - 107,83	8	33,3%	Medium
4	76,32 - 92,07	5	20,9%	Low
5	$X \leq 76,32$	2	8,3%	Very Low
Jumlah		24	100%	

Based on the table above, it can be seen that the interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan Public Elementary School is in the "High" and "Moderate" categories, based on the most frequent responses in the high and moderate categories, with 8 respondents each out of 24 respondents. This is evident from the statistical data in the table above, which shows that 1 respondent (4.2%) falls into the "Very High" category, 8 respondents (33.3%) into the "High" category, 8 respondents (33.3%) into the "Moderate" category, 5 respondents (20.9%) in the Low category, and 2 respondents (8.3%) in the Very Low category.

In this study, the interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan State Elementary School was based on three indicators: interest, attention, and activity, as follows:

1. Interest

Table 3. Interest Indicators

No	Interval	Frequency	Persentase	Category
1	$X \geq 39,82$	1	4,2%	Very High
2	33,66 - 39,82	9	37,5%	High
3	27,5 - 33,65	8	33,3%	Medium
4	21,34 - 27,4	3	12,5%	Low
5	$X \leq 21,34$	3	12,5%	Very Low
Amount		24	100%	

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Based on the table above, it can be seen that the interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan Public Elementary School is in the "High" category, as indicated by the highest frequency in the high category with 9 respondents out of 24 respondents. This is evident from the statistical data in the table above, which shows that 1 respondent (4.2%) is in the Very High category, 9 respondents (37.5%) in the "High" category, 8 respondents (33.3%) in the "Moderate" category, 3 respondents (12.5%) in the 'Low' category, and 3 respondents (12.5%) in the "Very Low" category.

2. Attention

Table 4. Attention Indicators

No	Interval	Frequency	Persentase	Category
1	$X \geq 38,6$	1	4,2%	Very High
2	34,29 - 39,82	6	25%	High
3	29,97 - 34,28	12	50%	Medium
4	25,66 - 29,96	3	12,5%	Low
5	$X \leq 25,66$	2	8,3%	Very Low
Amount		24	100%	

Based on the table above, it can be seen that the interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan Public Elementary School is in the "Moderate" category, based on the consideration that the most frequent response was in the moderate category, with 12 respondents out of 24. This is evident from the statistical data in the table above, which shows that 1 respondent (4.2%) falls into the "Very High" category, 6 respondents (25%) into the "High" category, 12 respondents (50%) into the "Moderate" category, 3 respondents (12.5%) into the 'Low' category, and 2 respondents (8.3%) into the "Very Low" category.

3. Activity Indicators

Table 5. Activity Indicators

No	Interval	Frekuensi	Persentase	Kategori
1	$X \geq 46,75$	1	4,2%	Very High
2	40,42 - 46,75	10	41,7%	High
3	34,08 - 40,41	4	16,6%	Medium
4	27,75 - 34,07	8	33,3%	Low
5	$X < 27,75$	1	4,2%	Very Low
Amount		24	100%	

Based on the table above, it can be seen that the interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan Public Elementary School is in the "High" category, as indicated by the highest frequency in the high category with 10 respondents out of 24 respondents. This is evident from the statistical data in the table above, which shows that 1 respondent (4.2%) is in the Very High category, 10 respondents (41.7%) in the High category, 4 respondents (16.6%) in the Moderate category, 8 respondents (33.3%) in the Low category, and 1 respondent (4.2%) in the Very Low category.

IV. DISCUSSION

This study aims to determine the level of interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan Public Elementary School. Interest is defined as a feeling of attraction or enjoyment toward something that one likes, which motivates a person to do something related to that thing, such as paying attention and participating or being active in certain activities.

The interest referred to in this study is the feeling of enjoyment in the form of interest shown by fifth-grade students at Pakem Kapanewon Kalasan State Elementary School in volleyball lessons. This interest in participating in volleyball lessons is influenced by several indicators. These indicators include interest, attention, and activity in volleyball lessons.

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Based on the research results, it was found that the interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan State Elementary School was in the Moderate and High categories. These results prove that students have Moderate to High interest in participating in volleyball lessons. Interest will be an important motivator for the achievement of volleyball lessons.

V. CONCLUSION

Based on the results of data analysis and discussion, it can be concluded that the interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan Public Elementary School is in the “very low” category at 8.2% (2 students), “low” at 20.9% (5 students), “moderate” at 33.3% (8 students), ‘high’ at 33.3% (8 students), and “very high” at 4.2% (1 student).

RECOMMENDATIONS

This product is an animated video for teaching volleyball. The following are recommendations for utilizing the product in teaching:

1. To conduct further research on the interest in participating in volleyball lessons among fifth-grade students at Pakem Kapanewon Kalasan State Elementary School.
2. To conduct more supervision during data collection to ensure the data produced is more objective.
3. For students, it is hoped that they can participate in volleyball learning effectively and should continue to maintain and enhance this interest to a high level.

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