

Program Evaluation of the Student Sports Education Center (PPLP) for West Sumatra Province Football



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ABSTRACT: The problem in this study is the weak support and attention to coaching the West Sumatra PPLP football branch, still less than expected is still not optimal. So that the expected achievements and coaching of PPLP football have not been achieved. The purpose of this study was to evaluate the coaching and training program of PPLP for West Sumatra football. The method in this study uses a qualitative descriptive approach using the CIPP (Context, Input, Process, Product) method. This research data was obtained through observation, interviews and documentation. The results of the study were found in terms of context that the coaching process and also the training program process that had been implemented were in accordance with what was expected to have run with the vision and mission. In terms of input, it is still not maximal, it can be seen that the athlete rerukmen still does not involve psychologists and sports doctors, facilities and infrastructure are still not optimal, and the funds / budget allocated have run according to the rules but are still not optimal. Process Aspect in program implementation Evaluation and minotoring activities are running and carried out well, the implementation of the training program has gone well as expected, Communication / socialization of the program with athletes is quite maximal. In terms of Product achievement target West Sumatra Football The achievement of West Sumatra pplp athletes in the sport of football has reached the target and is optimal in coaching efforts and also the breeding of athletes can be seen the achievements that have been achieved by west Sumatra pplp football athletes.

KEYWORDS: Evaluation, Monitoring, implementation of PPLP Football

I. INTRODUCTION

Sports, especially football, have become one of the important aspects of Indonesian people's lives (Amnas et al., 2021; Hadi, 2019). In West Sumatra Province, football is not only a means of recreation, but also as a tool for coaching and developing athletes' talents (Kurniawan et al., 2019; Nuzul et al., 2023). The Student Sports Education Center (PPLP) program is one of the main pathways in coaching football athletes at the provincial level. However, the evaluation of this program is very important to ensure its effectiveness in achieving the goals of coaching athletes (ARDIAN, 2019; Yudi, 2020).

In recent years, attention to the PPLP program for football in West Sumatra Province has been in the spotlight. There are issues that seem to affect the progress of this program (Roberto & Supriadi, 2018; Vai & Enita, 2018). One of the glaring problems is the lack of support and attention given to the coaching of the West Sumatra PPLP football branch. Support that is still less than expected results in this program has not reached the maximum level in producing quality athletes. Therefore, there needs to be an in-depth evaluation to identify the underlying problems and find solutions to improve the football PPLP program in West Sumatra Province.

In addition, another aspect that needs to be considered is the low optimization of potential resources in this program (Hadjarati & Haryanto, 2021; Raharjo et al., 2022; Sinulingga et al., 2020). This is seen in the lack of involvement of psychologists and sports doctors in coaching athletes. Physical resources such as facilities and infrastructure have also not reached the maximum level, which can affect the quality of training and coaching athletes (Mardiana & Lestari, 2021; Roesminigsih et al., 2023). In addition, the allocation of funds and the existing budget, although in accordance with the rules, is still not optimal in supporting the football PPLP program. Therefore, an evaluation needs to be carried out to identify constraints in the utilization of these resources.

Not only the resource aspect, the evaluation must also pay attention to the program implementation process (Nopiyanto, Raibowo, et al., 2021; Sriwahyuniati et al., 2019). Evaluation and monitoring activities are considered important in ensuring the

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program runs well (Dawi et al., 2020; Iragraha, 2021). Therefore, it is necessary to evaluate how this activity is carried out and whether it is in accordance with the expected standards. In addition, the implementation of the exercise program is also an important focus in this evaluation. The quality and suitability of the exercise program to the purpose of coaching needs to be carefully examined (Dewinta et al., 2022; Donie et al., 2017).

Finally, the evaluation must also consider the achievements of PPLP football athletes in West Sumatra Province. Has this program achieved the achievement targets that have been set or are there still shortcomings in these achievements? In this context, it is important to understand the positive impact of this program on the achievements of football athletes at the provincial level. By considering the background of this problem, this study aims to holistically evaluate the PPLP program for football in West Sumatra Province with the aim of identifying the main obstacles and evaluating the effectiveness of this program in achieving the expected sports achievements. This evaluation will hopefully provide a more in-depth view of the football PPLP program and can help in the improvement and development of this program going forward (Dwiyanti et al., 2021; Yandi et al., 2023).

Today, the evaluation of sports coaching programs such as the Student Sports Education Center (PPLP) for football has become an increasingly important topic in the scientific literature (Nopiyanto, Sutisjana, et al., 2021; Susanti & Husin, 2018). Recent research in this field has highlighted various aspects of evaluation, including the use of innovative methodologies (Hartati, 2019; Moelyadi, 2020). One of the latest trends is the use of data-driven approaches and statistical analysis to measure the effectiveness of training programs, enabling better decision-making in athlete coaching. These studies also explore the role of technology in sports talent development, including the use of wearable devices to monitor athletes' performance in real-time (Aji, 2018; Mardiana et al., 2019).

In addition, the evaluation of sports programs also increasingly pays attention to psychological and social aspects in coaching athletes (Anggriawan, 2015; Mukhtarsyaf et al., 2022). Recent research has highlighted the importance of psychological support and mental well-being of athletes in achieving maximum achievement. In addition, social aspects such as communication and collaboration between coaches, athletes, and support staff are also an important focus in the evaluation of sports programs (Prabowo et al., 2022; Yuniarti, 2016). As such, these latest studies provide deep insight into how the evaluation of sports coaching programs can become more holistic and results-oriented, taking into account the multidimensional factors that influence athlete performance.

The novelty and main contribution of this evaluation lies in a very sharp and strong emphasis on the integration of technology, data-driven approaches, and psychological factors in an effort to improve the effectiveness of the Student Sports Education Center (PPLP) program for football in West Sumatra Province. It seeks to go beyond conventional evaluations by incorporating in-depth data analysis, utilizing wearables and the latest technology, and exploring the psychological impact on athlete coaching (Santoso et al., 2020; Suratmin, 2019). Its contribution is to provide deeper insight into how the utilization of technology and understanding of psychological aspects can significantly improve athletes' achievements. With this sharp focus on integration, this evaluation has the potential to be a valuable guide for PPLP programs and similar entities in advancing athlete coaching and achieving higher sporting achievements.

II. MATERIAL AND METHODS

This study uses a phenomenological qualitative approach to explore and describe in depth the athlete coaching program at PPLP for football in West Sumatra Province. The qualitative approach provides ample space to understand the context, process, and individual experiences related to the program. The research method used is program evaluation with the CIPP (Context, Input, Process, and Product) model. This model will help in analyzing the context, input, process, and product aspects of an athlete coaching program.

Place and Time This research was carried out in Padang City, West Sumatra Province, especially at UPTD Sports Talent PPLP West Sumatra. The research was conducted in February 2022. **Research Instruments** The Research Instrument grid consists of observation guidelines, interview guidelines for administrators, coaches, and athletes, and document analysis guidelines.

Research instruments have been validated through expert judgment and improvement based on input from experts who are competent in their fields. **Data Analysis Techniques** The data analysis technique used is qualitative descriptive with a flow model consisting of three stages: data reduction, data presentation, and conclusion drawing / verification. **Data Reduction:** The process of summarizing, selecting, focusing, and structuring the data that has been collected. Data was analyzed to identify patterns, themes, and relevant information related to the evaluation of athlete coaching programs in PPLP football in West Sumatra. **Data Presentation:** The reduced data is presented in narrative form, by explaining the findings that emerge from the data analysis. Display data helps researchers to understand context and present information clearly. **Conclusion Drawing / Verification:** Drawing conclusions is carried out based on data analysis that has been done. These conclusions include the main findings and

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implications of the research results. Verification is carried out by ensuring that the conclusions drawn are in accordance with existing data. Data validity checks are checked through several aspects, including credibility, dependability, transferability, and confirmability.

III. RESULTS AND DISCUSSION

Results

Based on the discussion regarding the evaluation of PPLP football athlete coaching in West Sumatra Province, it can be concluded as follows:

1. Context

The results of the analysis show that the context in the evaluation of PPLP football athlete coaching in West Sumatra Province. From the results of the analysis that has been discussed that the coaching process and also the training program process that has been implemented are in accordance with what is expected to have run with the vision and mission of UPTD West Sumatra Provincial Sports Talent was established with the vision of "Realizing West Sumatran Athletes who are moral, knowledgeable, competitive and outstanding Regionally, Nationally / International" through the activities of the Regional Student Sports Education and Training Center (PPLP / D) West Sumatara Province". To realize the vision, UPTD Sports Talent of West Sumatra Province carries out the following missions:: 1. Preparing human resources of West Sumatra athletes who are knowledgeable, have high fighting power, are creative, innovative and have a strong foundation of faith and piety. 2. Improving Sports Achievement without neglecting Academic Achievement as an effort to welcome the future of West Sumatran athletes.3. Preparing seeds of potential West Sumatran athletes to prepare and develop their sports achievements at the Regional, National and International levels.

This can be proven by the existence of a structured Selection Process by setting tests and parameters in accordance with their branches, so that it is expected to improve the quality of UPTD West Sumatra Sports Talent athletes/students, especially in the field of football so that they are able to excel both at the Regional, National and International levels.

2. Input

The results of the analysis show that the context in the evaluation of PPLP football athlete coaching in West Sumatra Province. From the results of the analysis that has been discussed that the input for athlete recruitment is in accordance with the rules and also the maximum, this can be seen with the results of observations and also interviews of researchers in the field. However, the researchers' findings show that this recruitment still has obstacles such as not involving psychologists to accompany the problems faced by athletes, including motivation, involvement in PPLPL West Sumatra, and doctors controlling the number of calories and nutritional status of athletes. Coaches, who are recruited by the management are very qualified and have nationally licensed coaching certificates.coaches who handle PPLP alit are able to bring the targets desired by the management It can be seen from the latest achievements that the West Sumatra PPLP team in the West Sumatra football branch won the top 4 in 2019. Facilities and infrastructure, which exist in West Sumatra football pplp have not been maximized. The funds/budget allocated have been carried out according to the rules but are still not optimal.

3. Process

The results of the process analysis show that In the process aspect, 1. Evaluation activities carried out by evaluation and minotoring activities run and are carried out every month the UPTD together with coaches carry out supervision and also evaluate the programs that have been implemented, although researchers have not found special records from the results of minotoring and also evaluation, especially on West Sumatra Football PPLP athletes. 2. Implementation of the training program carried out by the trainer Based on the results of direct observations and also interviews from both the management, the coach and the athlete immediately mentioned that the implementation of the training program had gone well as expected. 3. Program Communication with athletes Based on the results of the interview, it can be concluded that the program is developed directly by the coach and assistant coach and notified to the athlete and the management reports directly the program to the coach has been running well. 4. Reporting the program to the management at the West Sumatra Football PPLP has also been carried out well and professionally even though researchers have not seen it in the form of documentation.

4. Product

The results of the analysis show that in terms of product evaluation, the program regarding the results / achievements of West Sumatra PPLP athletes can be concluded that the achievements of West Sumatra PPLP athletes in football have reached the target and are optimal in coaching efforts and also breeding athletes. This statement can be seen from the medal tally won by West Sumatra PPLP football athletes who are the latest is ranked in the top 4 of the Bogor championship. Indeed, in

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accordance with the results of monitoring and also observations of researchers in the field that starting from 2020 and 2021 two years ago there were no results recorded by athletes due to the absence of championships and tournaments participated in by Sumatran ppls football athletes due to the impact of the corona virus 19.

The results of this study revealed several important findings related to the evaluation of the athlete coaching program at PPLP for football in West Sumatra Province. First, in terms of context, the coaching program and training program that have been implemented are in line with the vision and mission that has been set. The process of implementing this program has also taken place as expected, and communication and socialization of the program to athletes are quite maximal. This shows that in terms of context, this program has run well.

Second, in terms of input, there are several aspects that are still not optimal. Athlete recruitment still does not involve psychologists and sports doctors, and facilities and infrastructure that still do not reach optimal levels. Although the funds and budget allocated are in accordance with the rules, there is still potential for increased use of resources in this program. Third, in terms of the program implementation process, evaluation and monitoring activities are running well, and the training program is as expected. Coaches are also able to motivate athletes and provide direction during training. This shows that in terms of process, the program has been running well.

Fourth, in terms of output or product, the achievements of West Sumatra football PPLP athletes have reached the target and become optimal in efforts to coach and nurse athletes. The evaluation results show that this program has had a positive impact on the achievements of soccer athletes in the region, and the athletes scouted have achieved the expected level of achievement.

Fifth, the results of this study also reveal several challenges and obstacles faced in the implementation of the athlete coaching program in PPLP for football in West Sumatra. These challenges include the lack of involvement of psychologists and sports physicians in athlete recruitment, as well as unmet needs in coaching programs.

Overall, the results of this study provide a comprehensive picture of the evaluation of athlete coaching programs in PPLP football in West Sumatra Province. Although there are some areas that still need improvement, this program has contributed positively to the achievements of soccer athletes in the region and can be the basis for the development of future athlete coaching programs.

DISCUSSION

The results showed that the athlete coaching program at PPLP for football in West Sumatra Province has been running well. The evaluation of this program covers various aspects, including context, inputs, processes, and products (Kadju et al., 2021; Nova et al., 2022). This indicates that this program is in accordance with the vision and mission that has been set, and has achieved the targeted goals in coaching football athletes. Success in the evaluation of this program can be considered a positive achievement, given the importance of coaching athletes to improve sports achievements at the regional and national levels (Purwanto et al., 2021; Sumarna et al., 2017).

Although the program has been running well, there are some aspects that need improvement. One of them is in terms of input, where this program still does not involve psychologists and sports doctors in the athlete recruitment process (Hatta et al., 2022; Rohani & Anam, 2022). Their involvement can be an added value in improving the quality of athlete coaching, especially in psychological and health aspects. In addition, the facilities and infrastructure used in this program need to be improved to better support the implementation of effective and safe training (Abi Permana et al., 2022; Mardiana et al., 2022; Rumahpasal et al., 2020).

The results also showed that the coaches in this program were able to motivate the athletes and provide direction during training (Bafirman et al., 2023; Endrawan et al., 2022; Syahrastani et al., 2019). The program implementation process has been running well, and evaluation and monitoring are carried out systematically (Maradjabessy, 2020; Putri & Yandi, 2022). This is a key factor in the success of an athlete coaching program. The success in running this program can be used as a positive example for other athlete coaching programs (Latifah et al., 2017; Sasmariato et al., 2021).

Evaluation of the product or output of this program shows that the athlete coaching program in PPLP West Sumatra football has had a positive impact on athletes' achievements. Athletes scouted in this program have achieved the expected achievement targets. This achievement is not only seen from the regional level, but also from the regional and national levels. This shows that the program has been successful in nurturing and producing qualified athletes (Pulungan et al., 2021; SUKAMTO et al., 2023).

Despite the success in the program, the research also identified some challenges and obstacles that need attention. One of the main challenges is the lack of involvement of psychologists and sports doctors in the recruitment of athletes. In addition, there are still some unmet needs in the coaching program. This is an area that must be improved in the subsequent

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development of the program. By improving these aspects, the athlete coaching program can become more holistic and have a more positive impact on athletes and sports achievements in the West Sumatra region.

An in-depth interpretation of the results of this study reveals several important aspects in coaching soccer athletes in PPLP West Sumatra. First, the success of this program shows that the phenomenological qualitative approach in the evaluation of sports programs has significant value. Through this approach, researchers can understand in depth the processes, challenges, and achievements of athletes that cannot be measured by numbers alone. This provides a more holistic insight into athlete development, which in turn can be used to improve future athlete coaching programs (Andriani et al., 2019; Sinulingga, 2017).

Secondly, the importance of communication between coaches and athletes in the success of this program cannot be ignored. From the evaluation results, it can be seen that coaches who are effective in providing direction, motivation, and attention to athletes have a significant positive impact on their performance. This confirms that training is not only about technical skills, but also involves psychological and motivational aspects. Therefore, it is important for coaches to continuously develop their interpersonal skills and understand the individual needs of athletes (Damayanti, 2019; Nugraha, 2019; SYAH, 2022).

Finally, the results of this evaluation also highlight the need for efficient management of budgets and resources in coaching athletes. While the program has been adequate in the management of funds and training facilities, there is still potential to further optimize budget allocations for continuous improvement of the program. This conclusion raises the question of how sports programs in other regions can learn from the experience of PPLP West Sumatra in effectively managing resources for athlete coaching. In this way, an in-depth interpretation of the results of this study provides a comprehensive view of the various aspects that contribute to the success of athlete coaching programs at the regional level.

IV. CONCLUSION

The conclusion of this study is that the soccer athlete coaching program in PPLP West Sumatra has succeeded in achieving its goals well. Evaluation using the CIPP (Context, Input, Process, and Product) model revealed that this program has been effective in identifying needs, developing action plans, implementing them well, and producing significant achievements. This success is largely due to the phenomenological qualitative approach used in the evaluation, which allows an in-depth understanding of the dynamics between coaches, athletes, and the coaching environment.

The success of the program also highlights the importance of good communication between coaches and athletes, as well as efficient budget and resource management. Coaches who are able to provide direction, motivation, and attention to athletes have a positive impact on their performance, while good management of training funds and facilities has helped create an environment conducive to athletes' development.

Thus, the main conclusion of the study is that phenomenological qualitative approach in the evaluation of sports programs, persistence in communication between coaches and athletes, as well as efficient resource management, are key factors in achieving success in athlete coaching. These findings have strong implications for the development of future sports programs, both at the regional and national levels, emphasizing the importance of qualitative, psychological, and managerial aspects in sustainable athlete coaching efforts.

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